

MONDAY MEMO MAY 19TH

Practice Schedule: PLEASE READ CAREFULLY!

This week **May 19-23** we will be at **Fruita Monument High School**.

Gold/Platinum	M-W-F 3:30-5:00pm	T-TH 3:30-5:30pm
Silvers	M-W-F 4:30-6:00pm	T-TH 5:00-6:30pm
Bronze	M-W-F 5:00-6:00pm	T-TH 5:30-6:30pm

Summer schedule has been posted on Yahoo Group, all Bronze swimmers have received their postcards with their specific practice times. If you have questions see the Coaches.

Moving Day: Huge Thanks to Dora Smith, Jas Smith, & Beth Calvert for the first move and clean up over to Lincoln Park! Another HUGE Thank you to Terry Kidd, Wayne McMacken, Thane DePuey, Marie & Noelle DePuey, the entire Neste Family, Randy Bergen, Stavo & Marie Peters for moving the big stuff and helping at storage. Then for the next move a HUGE Thanks to Valerie and Don Hedgecock.

Hopefully I did not miss anyone, if I did let me know! It was so great to have all the help and get things done timely. We were able to get everything in storage or over to Lincoln Park, now we just need to arrange things!

Free Physicals: TODAY! Tuesday, May 20th at GJHS at 6PM for all current and soon to be High Schoolers. Do it, go early, take insurance card and be all set for next year!

Boys HS State Meet: Our District 51 boys did great at the High School State meet this past weekend: 200MR(Sam, Taylor, Cy, Ian) Placed 19th with a time of 1:45.68, 200Free Tyler(1:48.00/13th), 200IM Sam (2:07.5/24th), 50Free Ben(:22.68/20th), 100Fly Ben(53:88/10th), Tyler(:54.20/13th/New school record), Cyrus(:55.21/21st), 100Back(Sam/:55.70/15th), 200FR(Ben,Ty, Cy, Ian/1:32.15/15th), and 400FR (Ben,Ty,Sam,Cy/3:22.61/13th).
29 Points total = 19th of 30 schools scoring/42 schools participating.

Great swimming guys! And Coach! If you haven't congratulated Coach Dale and the boys please do so. **Give Dale an extra congrats on being SW Colorado Conference Coach of the Year!**

Distance Camp: will cap at 32 swimmers...first come, first served: do not wait until the last gasp to register; you may get shut out!!! Registration and info are posted on Yahoo Group and Western Slope Swimming. Everyone should know this week if their application has been accepted.

Meet Report: Aspen, Cortez & Sopris entries due May 20th today, Montrose entries due June 16th. Entries go in Coach Terri's folder or may be emailed to terrihermes@yahoo.com, please put **entries** in the **subject** of the email so it will get forwarded to the meet folder.

All meets are all posted on the Yahoo groups! Get your entries and reservations made early. Sopris has a reminder it is the Strawberry Festival so camping is available at the rec center but almost everything else is booked.

New Meet: We are planning a dual meet with Montrose on Wed June 18th in Montrose, we want this to be a team meet! There will be a pot luck following the meet. This is now on Yahoo for entries.

Far Western Meet: Swimmers who qualify for Far Westerns will have a minimum practice attendance requirement (which **cannot** be met with one workout/day), as well as at least three swims, must be 13 older, could be 12 yr old if accompanied by parent...see dale about this.

Scrip: Please take advantage of this easy way to lower your fundraising balance! Remember fundraising is due August 31, 2008. Please call if you have any questions. Shawna 241-1591

Remember to order your scrip for your hotel and restaurants at the away meets! Best Western is listed for the FCAT meet and they are at 12%!

Also take care of Graduation, Weddings and Father's Day! Current specials include 10% for Barnes & Noble and Borders cards. Check out glscrip.com for updated vendors and special rates.